

### The New England Shoulder and Elbow Society 2020

Dr. Giles Walch, Dr. Joe Abboud, Dr. Mike Ciccotti, Dr. Greg Nicholson, Dr. Anthony Romeo

## THURSDAY, FEBRUARY 6, 2020

5:30-7:30 **Pre-conference Case Discussion**Bring a difficult case for advice

#### FRIDAY, FEBRUARY 7, 2020

6:00-7:00 **Pre-conference Case Discussion**Bring a difficult case for advice

6:30-7:00 Breakfast and Exhibits

7:00 **Welcome and Introductions** *Augustus Mazzocca* 

# SHOULDER 1: ARTHROPLASTY AND INSTABILITY

7:00-7:15 **History of the Walch Classification** *Walch* 

7:15-7:45 Panel 1: Noodling on Glenoid
Pathology. What is a B0 and can it be
treated? Is there a primary B3 that
doesn't Evolve through a B2? What
initiates Posterior subluxation? When
does A B2 become a B3? And many
others.

Moderator: Aaron

Panel: B. Parsons, Romeo, Macy, Green,

Walch, Nicholson, Warner

7:45-8:15 Panel 2: The painful Reverse (to the patient). It's not infected, it Looks great, but it hurts. Why, And what to do? Are we missing Something, could it be the "rotorcup"? Stem pain? Trunionosis? Failed subscap Repair?

Moderator: Jawa

Panel: Abboud, Warner, Romeo, Endrizzi,

Earp, Walch, Nicholson

8:15-8:45 Panel 3: What do you do in a 16-yearold male with recent anterior instability and no bone loss? Straight to Latarjet?!# On the other hand: arthroscopic Bankarts don't seem to do as well as we think when followed in the long run.

How do we decide?

Why are there so few Latarjets done in the US?

**Moderator** N. DeAngelis

Panel: Romeo, Walch, Arciero, Busconi,

Owens, Flik

8:45-8:55 Emerging Technologies in Shoulder Arthroplasty

Jawa

8:55-9:00 Moderator: Mazzocca

Panel: Walch, Warner, Romeo, Aboud

9:00-9:15 Break and Exhibits

#### **ELBOW 1: TRAUMA**

9:15-9:35 Panel 1: "I am on call... what do I do about this?"

Elbow fracture topics for the elective shoulder and elbow surgeon- how do I safely put on an ex-fix? Nerve palsies associated with fractures. Debriding an open fracture before transfer- what should I throw away? What should I salvage?

**Moderator** Dyer

Panel: Earp, Shafritz, Caputo, Cassidy

9:35-10:00 Panel 2: "I'm not sure what I'm looking at"

Pediatric elbow fracture for the adult shoulder and elbow surgeon.

Pediatric elbow fractures you should worry less about, 5 others you should worry more about

**Moderator:** Cassidy

Panel: Dyer, Green, Caputo, Tolo, Nissen

10:00-3:00 Break and Exhibits



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#### **INVITED LECTURES**

Moderator: Mazzocca

3:00-3:20	Management of rotator cuff tears Tony Romeo
3:20-3:30	Discussion
3:30-3:50	Treatment of ulnar collateral injury in the elbow: Current concepts in 2020  Mike Ciccotti
3:50-4:00	Discussion
4:00-4:30	Break and Exhibits
4:30-4:50	What I've learned treating anterior shoulder instability  Gilles Walch
4:50-5:00	Discussion
5:00-5:20	The balloon for massive irreparable rotator cuff tears loe Abboud
5:20-5:30	Discussion
5:30-5:50	The Inlay Glenoid. How and why it Works for TSA in 2020 Greg Nicholson
5:50-6:00	Discussion



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### SATURDAY, FEBRUARY 8, 2020

5:45-7:00 Resident and Fellow Presentations: Arciero-Warner Research Award

#### **ELBOW 2: SPORTS AND INSTABILITY**

7:00-7:20 Panel 1: Revisiting the distal biceps repair. What is the state of the art? What if you treat them nonop? Do they all need to be fixed? Do we all rehab the same?

Moderator: Sethi

Panel: Kimball, Caputo, Alberta

7:20-7:40 Panel 2: The high school pitcher with a partially torn UCL. He's not going Pro, but what do you do? PRP? Rix? How is this is different than the pro athlete and why?

Moderator: Oh

Panel: Alberta, Romeo, Ciccotti, Nissen

7:40-8:00 Panel 4: The young athlete with an OCD. Op or Non-op and how do you decide.

Moderator: Nissen

Panel: Tolo, Oh, Ciccotti, Ramappa

8:00-8:30 Break and exhibits

#### **SHOULDER 2: BREAD AND BUTTER**

8:30-8:55 Panel 1: What I look for in the aging athlete's painful shoulder? All the MRIs look the same, what do you treat what do you ignore and what do you do about it? PRP, Stem cells?

**Moderator**: Alberta

Panel: Romeo, Ciccotti, Nissen, Edgar,

Paxton

8:55-9:20 Shoulder stiffness: It's not sexy, but it's common. Idiopathic, with cuff tear, s/p fracture, s/p arthroscopy. How are they different and how to treat?

Moderator: Ramappa

Panel: Fehnel, Nicholson, W. Chan, Bell

9:20-9:55 60 yr old with irreparable cuff tear.
What is irreparable. Burkhardt says
everything is reparable. Bassem says
lower the trap, the Japanese say SCR.
Frankle says RSA. Abboud says
balloon? Jawa says RSA not as good
after failed RCR- is this true?

**Moderator**: Sethi

Panel: Stanwood, Walch, Abboud, Sethi,

Blaine, Veltri

9:55-10:20 Proximal humerus fractures: There are 7 RCTs supporting non op tx, why do we keep operating and why don't we actually consider this an option?

ASES 2019. Which fractures to manage nonop and which to surgerize.

**Moderator**: Bell

Panel: Nicholson, Alqueza, B. Parsons,

Olson, J. DeAngelis, M. Parsons

# S&E: LESSONS LEARNED FROM OUR EXPERTS

**Moderator**: Mazzocca

10:20-10:35 Save of the year

**Dver** 

10:35-10:50 Top 10 pearls for glenoid exposure-Open Instability cases and Shoulder Arthroplasty.

Romeo

10:50-11:05 Top 10 Pearls for Revision TSA and Osteotomy. How do I get the stem out, Glenoid out, How do I get out of the OR in a day

Nicholson

11:05-11:20 Procedures I did in fellowship that I no longer do: Shoulder

Abboud

11:20-11:35 10 Pearls for UCL Reconstruction Elbow Ciccotti

11:35-12:00 **Discussion** 

12:00 - 1:00 **Business meeting**