

Friday February 6, 2015 Morning Session

6:30 - 6:55 Registration and Case Discussion
6:55 - 7:00 Welcome and Introduction - Mazzocca
NESES invited Guests:
Dr Ettore Taverna Milan, Italy
Dr Mark Frankle Tampa FL
Dr Mark Cohen Chicago IL

Friday 7:00 – 8:00: Elbow 1

Provocateur: Eric Tolo

Guest: Mark Cohen

Panel: Chuck Cassidy, George Kasparyan, Andy Caputo, Andy Jawa, Andy Green, Luke Oh

Elbow instability:

LUCL: Repair vs reconstruct? Does timing after injury matter? Is there a role for tendon grafts for acute and subacute injuries?

MCL: Repair vs. reconstruct? Does mechanism of injury matter? What is the best rehab following Tommy John reconstruction?

Terrible Triad: When do you fix the MCL? Should the ex-fix be available for every case?

Elbow Stiffness:

Soft tissue: If capsular contracture will stretch, when is surgery warranted? How long do you wait? What is the role of braces? What is the role for PT?

Bone/ Heterotopic ossification: How can we avoid this initially? How long do we wait to resect? Does XRT or NSAIDs really help prevent recurrence? What is the role of PT after excision of HO?

8:00 - 8:15 Break

Friday 8:15 - 10am: Difficult Questions in Shoulder Arthroplasty

Moderator: Endrizzi/Macy

Panel and guests: Macy, Higgins, Warner, Blaine, Green, Frankle

8:15 - 8:40 B2 Glenoid Wear

How much correction is needed and allowable

Augmented Glenoids, Bone graft.... Or just reverse it

PSI technology. Do we need it?

8:40 - 9:05 Failed Reverse Arthroplasty

Instability on the glenosphere side

Instability on the humeral side

Solutions and how to avoid pitfalls

9:05 - 9:40 Diagnosis and treatment of propionobacter Acne

Aspiration versus scope biopsy

Single stage revision after positive P. Acnes aspiration

My voo doo to avoid 9:00 - 9:10

9:40 - 10:00 Discussion and Questions

Friday February 6, 2015 Afternoon Session

NESES 12th annual Invited Lectures

Moderator: Mazzocca

- 3:00 - 3:20 AOSSM Presidential Lecture - Dr Robert Arciero**
Questions
- 3:30 - 3:50 NESES Invited Elbow Lecture Dr Mark Cohen**
Open and Arthroscopic Treatment of Lateral Epicondylitis
Questions
- 4:00 - 4:20 NESES Invited Shoulder Lecture- Dr Mark Frankle**
Questions
- 4:30 - 4:45 BREAK**
- 4:45 - 5:05 NESES Invited European Shoulder –Dr Ettore Taverna**
Questions
- 5:15 - 5:35 ASES Presidential Lecture - Dr William Mallon**
Rotator cuff – where are we going?
- 5:35 - 6:00 Questions and Invited Panel Discussion**

Saturday February 7, 2015 Morning Session

Saturday 7:00 – 8:00: Elbow 2

Provocateur: Eric Tolo

Guest: Mark Cohen

Panel: Eric Mullins, George Dyer, Adam Shafritz, Hervey Kimball, Michel Benoit, Paul Sethi

Common pathophysiologies of non-traumatic elbow conditions

Myxoid degeneration:

Partial distal biceps “tears”: Do these ever get better without surgery?

Tennis elbow: Does PRP work? The MRI says there is a “tear”, doesn’t it need to be fixed?

What is the role of therapy? What works and what doesn’t? When is surgery indicated?

Arthrosis:

Osteoarthritis vs Inflammatory: How is the exam and presentation different? When do we need to resurface the joint and when do we just treat the capsule?

Ulnar nerve compression:

When do we operate and what is best method? For revision, what works best? Is it necessary to place the nerve deep? Is there a role for vein wrapping? When is the nerve no longer amenable to surgery?

Rehabilitation of the Elbow Post-op

Fracture: simple (Mason 1 radial head fx) vs complex (transolecranon fx-disloc)

Contracture Release: subacute vs. chronic

Distal Biceps/Triceps Repair: when to start AROM and functional use?

Elbow replacement: Does status of triceps-on vs off matter?

“Will I need Physical Therapy?”

Specific aspects of recovery:

Protection of healing structures

Stretching

Strengthening

Coordination/agility

8:00 - 8:15 Break**8:15 - 9:15 Sports Shoulders**

Moderator: Mazzocca/Edgar

Panel: Schepsis, Taverna, Arciero, Provencher, Busconi, Alberta, Nasimento, Nissen

Failed arthroscopic Bankhart done by total hip surgeon with 10% bone loss

Re scope, Remplissage, ICBG or Open Shift

Failed Latarjet

Now what?

Clavicle Fracture

Plate versus nail. This again?

Non union

9:05 - 9:15 Discussion and questions**9:15 - 10:00 Shoulder Rotator Cuff Tear Debate**

Moderator: Sethi

Panel: Green, Jawa, Parsons, Mallon

26 yo male with symptomatic 2cm RC tear despite activity modification, NSAIDS, over the past 3 months

Does healing matter?

Is there a risk with waiting?

How much PT before surgery?

Is there any value in doing a revision surgery?

9:45 - 10:00 Panel Discussion and Questions

Saturday February 7, 2015 Afternoon Session

Saturday 3 - 3:45pm: Elbow 3

Moderator: Eric Tolo

Guest: Mark Cohen

2-minute technique presentations:

- Terrible triad—Josh Baumfeld
- Elbow scope for arthritis—Eric Tolo
- Capitellar/shear fx—David Ring
- OATS for capitellar OCD—Adam Shafritz
- Metal resurfacing for capitellar OCD—George Dyer
- Revision ulnar nerve—Hervey Kimball
- Bicolumnar distal humerus fx --Andy Green

Adverse events of simple elbow procedures:

- HO after distal biceps—Paul Sethi
- PIN palsy after radial head fracture—Andy Jawa
- Triceps/ ulnar nerve instability after ulnar nerve decompression—Eric Mullins

Humbling elbow cases: what we can learn from our failures (Elbow Faculty)

3:45 - 4:00 Break

4:00 - 6:00 pm Fracture/SLAP/Biceps/Frozen Shoulder/Physical Therapy

Moderator: Mazzocca

Panel: Veltri, Olson, Bell, Jawa, Green, Endrizzi, Blaine, Taverna, Mallon, Shea

4:00 – 4:15 Lessons Learned at NESES? (Olson)

Painful biceps tenodesis

After proximal tenodesis

After sub pec tenodesis

Why all the talk.... How many failed surgical tenotomies has the panel treated?

Proximal humerus fracture in older patients

Is hemiarthroplasty a dying operation

R TSR for fracture. Are there value implications?

I listened to Andy Jawa and didn't operate.... How do I treat this painful fracture sequelae

5:15 - 5:40 **Discussion and Questions**

6:00 - 7:00 **NESES Meeting - will stay in Meeting Room**

Research Meeting (Collaborative Projects)

Retrieval Study (Bell/Macy)

Partial Distal Biceps tear outcomes(Mazzocca/Cote)

Website Updates(Alberta)

Treasurer: State of the Union (Nissen)